



CHRISTO INVENTORY FOR SUBSTANCE-MISUSE SERVICES

Name

Date of Birth

Address

.....

.....

Please tick **ONE** response for each question.

	Tick
1. Social Functioning	
I have a stable place to live and supportive friends or relatives who are drug/alcohol free.	
My living situation is not completely stable; I sometimes associate with drug users or heavy drinkers	
My living situation is not stable. I have few friends other than drug users or heavy drinkers.	
2. General Health	
I have no significant health problems.	
I have moderate health problems e.g., teeth/sleep problems, occasional stomach pain, collapsed vein, asymptomatic hep B/C/HIV.	
I have major health problems e.g. extreme weight loss, jaundice, abscesses/infections, coughing up blood, fever, overdoses, blackouts, seizures, significant memory loss, neurological damage, HIV symptoms.	
3. Sexual/injecting risk behaviour	
I do not to inject, or have unsafe sex (except in monogamous relationship with longstanding partner, spouse).	
I occasionally have 'unsafe' sexual encounters or inject but I don't share injecting equipment.	
I sometimes have 'unsafe' sexual encounters or have been injecting and sharing injecting equipment.	
4. Psychological	
I think I am well adjusted and relatively satisfied with the way my life is going.	
I think I may have low self-esteem, general anxiety, poor sleep, and am unhappy or dissatisfied with my lot.	
I have a neurotic disorder e.g., panic attacks, phobias, OCD, bulimia, recently attempted or I have seriously considered suicide, self-harm, overdose or may be clinically depressed. Or I may have psychotic disorders, paranoia (e.g., everybody is plotting against me), deluded beliefs or hallucinations (e.g. hearing voices).	
5. Occupation	
I am in a full time occupation e.g., homemaker, parent, employed, or student.	
I have some part time parenting, occupation or voluntary work.	
I am largely unoccupied with any socially acceptable pastime.	
6. Criminal involvement	
I have no criminal involvement (apart from possible possession of illicit drugs for personal use).	
I have been suspected of irregular criminal involvement, like petty fraud, petty theft, drunk driving, small scale dealing.	
I have been suspected of regular criminal involvement, or breaking and entering, car theft, robbery, violence, assault.	

	Tick
7. Drug/alcohol use	
I have not recently used drugs or alcohol.	
I sometimes use drugs or alcohol alone or socially but not in ways that are considered a problem. I do not supplement prescribed from other sources.	
I am a binge drinker or regularly use drugs or alcohol.	
8. Ongoing support	
I regularly attend AA/NA, a drug-free drop in centre, day centre, or have counselling or treatment aftercare.	
I sometimes (less than once a week) have contact with at least one of AA/NA, a drug-free drop in centre, day centre, or have counselling or treatment aftercare.	
I don't use any type of structured support.	
9. Compliance	
I am good at attending all appointments and meetings on time, following suggestions, and complying with treatment requirements.	
Some people think I am not very reliable, or may have an 'attitude problem' or other difficulties with staff.	
I'm pretty chaotic. I have left treatment against staff advice or been ejected for non-compliance e.g. drug use, attitude problem.	
10. Working Relationship	
I'm relatively easy going, relaxed at interviews and don't waste peoples' time or stress them out.	
Some people seem to think I am a little bit demanding or time consuming.	
People find me challenging e.g., very demanding, hard work, time consuming, emotionally draining or stressful to see.	